

PSHCE Curriculum Year 5

Autumn Term			Spring Term			Summer Term		
Living in the Wider World			Relationships			Health and Wellbeing		
Rights and Responsibilities (British Values)	Being Safe Online (Revisited termly)	Money	Feelings and Emotions	Healthy Relationships	Valuing Difference (British Values)	Healthy Lifestyles	Growing and changing	Keeping Safe
Group and class rules Human rights-rights of a child Discuss and debate health and wellbeing issues Rules and laws Changing rules and laws Anti-social behaviour Respecting and resolving difference	Recognising their role in a connected world Assessing risk in light of increased independence Managing external pressures that influence behaviour choices	Importance of finance in people's lives Being a critical consumer Looking after money Debt management	Recognising feelings in others Responding to how others are feeling	Rights and Responsibilities	Listening to others Raising concerns and challenge	Positive and negative effects on wellbeing Legal and Illegal drugs- (follow drugs lessons x3) Skills to make informed choices	Recognising what they are good at and setting goals Aspirations Puberty- male and female changes, hygiene (follow SRE 3 lessons) Changes that happen in life Feelings associated with change	Strategies for managing personal safety in the local environment Online safety-sharing images and mobile phone safety
L1-12, L17, L18 R11	H22, H24, H25	L13, L14, L15, L16	R1, R9, R15	R2, R3, R4, R6/R20, R7, R8, R12 R5/R19	R10, R13, R14/R18, R16, R17,	H1, H2, H3, H4, H12, H16, H17 Cwp x 3 drugs	H5, H6, H7, H8, H18, H19 Cwp x3 SRE	H9/H10/H11 H13, H14, H15, H20, H21, H23

<p>Key dates and/or events for this term:</p> <p>International Day of Peace- Sept 21 Mental Health Day- 10th October Black History Month – October Remembrance Day- 11th November Parliament Week- November Anti-Bullying Week- November Children in Need- mid November Road Safety Week- November Human Rights Day -10th December</p>	<p>Key dates and/or events this term:</p> <p>Gypsy, Roma and Traveller History Month- January Mental Health Week - February Safer Internet Day- early February LGBT History Month-February International Random Acts of Kindness Day- 17th February Fairtrade Fortnight (end of February/beg. of March)</p>	<p>Key dates and/or events this term:</p> <p>The Queen’s Birthday- 21st April Earth Day- 22nd April St. George’s Day – 23rd April VE Day- 8th May Mental Health Awareness Week- May International Day of Families -15th May Walk to School Week- May Refugee Week- June Nelson Mandela Day- 18th July</p>
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