

Puss Bank School and Nursery PSHCE Curriculum Year 1

Autumn Term			Spring Term			Summer Term		
Living in the Wider World			Relationships			Health and Wellbeing		
Rights and Responsibilities (British Values)	Being Safe Online (Revisited termly)	Money	Feelings and Emotions	Healthy Relationships	Valuing Difference (British Values)	Healthy Lifestyles	Growing and changing	Keeping Safe
Groups and class rules Respecting their own and others' needs (Human rights-right of a child) Groups and communities they belong to People who work in the community Getting help in an emergency	Rules for keeping safe and using ICT responsibly Recognising they have a shared responsibility for keeping themselves safe online	Where money comes from Saving and spending Making choices Keeping track of money spent	Recognising feelings in self and others-naming emotions, building empathy	My special people	Respecting similarities and differences-sharing views and ideas Fairtrade	What helps keep bodies healthy-Medicines (follow drugs lessons x3) Hygiene routine	Recognising what they are good at and setting goals Change and loss and how it feels Growing and Caring for Ourselves (follow SRE 3 lessons)	How to ask for help if worried about something Keeping safe in different contexts Privacy in different contexts
L1, L2, L3, L8,L9, R4	H2, H12, H14, H15, R2	L6,L7	R1, R2, R12, R13	R9, R5, R8 L4 H13	R5,R6,R8	H1, H2, H6, H7 CWP lessons x 3 drugs	H3, H5 CWP lessons x3 SRE	H11, H13, H15, R3, R10
Key dates and/or events for this term: International Day of Peace- Sept 21 Mental Health Day- 10th October Black History Month – October Remembrance Day- 11 th November Parliament Week- November Anti-Bullying Week- November Children in Need- mid November Road Safety Week- November Human Rights Day -10 th December			Key dates and/or events this term: Gypsy, Roma and Traveller History Month- January Mental Health Week - February Safer Internet Day- early February LGBT History Month-February International Random Acts of Kindness Day- 17 th February Fairtrade Fortnight (end of February/beg. of March)			Key dates and/or events this term: The Queen's Birthday- 21 st April Earth Day- 22 nd April St. George's Day – 23 rd April VE Day- 8 th May Mental Health Awareness Week- May International Day of Families -15 th May Walk to School Week- May Refugee Week- June Nelson Mandela Day- 18 th July		